

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

August 2023 Volume 15 Issue 8



The basic individual is not a buried unknown or a different person, but an intensity of all that is best and most able in the person. The basic individual equals the same person minus his pain and dramatizations.

—DIANETICS: THE ORIGINAL THESIS

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FREE THETAN Volume 15 Issue 7 July 2023

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~



The Members Quarterly Journal of the

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Preserve, Protect & Promote

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reservo, servo, proveho





reservo, servo, proveho

Dear Reader,

These days one is continually bombarded with entheta (ENTHETA, 1. means enturbulated theta (thought or life); especially refers to communications, which, based on lies and confusions, are slanderous, choppy or destructive in an attempt to overwhelm or suppress a person or group. (Scn AD) 2. theta which has been confused and chaotically mixed with the material universe and which will lie in this confusion until death or some other process disenturbulates it. Theta, below 2.0 on the tone scale, we call entheta. (SOS, p. 41) 3. anger, sarcasm, despair, slyly destructive suggestions. (HTLTAE, p. 88)) in the media and news so it can be difficult to sort out the fact from the fiction and the PR from the truth.

One way is to go back to basics, What is the purpose and intent of the information you are being pounded with? How can you sort out the wheat from the chaff? One way is to study the Data Series and learn how to spot the plus points and outpoints in anything one sees and reads.

The more one practices with the data series the more one improves ones perception of the reality and is-ness of what is happening and the saner one feels.

I highly recommend it!

I do hope you enjoy this issue!

Until next time.

ARC,

Michael Moore
Editor

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu- trust and been betrayed. We may err, for al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafatechnology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."



Success Stories in the Independent Field

PC Repair Programs

"I was very impressed at how nicely the auditing went. The sessions are not too long and that makes it really nice; you don't feel too drained from it. It was a really pleasurable experience and you don't feel pressured; you can go to your own rhythm.

I had many gains during the auditing. I feel more in control of my thoughts. I am able now to act upon certain areas whereas before I would have just let it go. I am more capable of visualizing my goals and able to think about the process that I must follow in order to be able to realize them.

I see the future in a more positive way. It seems that I will be more capable of achieving the goals, whether it be short term goals or long term ones.

Having looked carefully into my past, it helped me to notice the areas that were preventing me from moving forward in life. For example, if I had gone through a very bad experience, it could have made me overly cautious. It was also a hindrance for me to attain peace within myself."

"WOW! WOW! WOW! An amazing week! My auditing recovered my certainty in a lot of things, like my goals, the reason I'm here in present time, why I'm passionate and dedicated to KSW and the Commodore.

I can tolerate more space, even if no space at all. My perception is clear and I know what I need to know in my perceptions to do my next steps to reach my goals and mission as a Scientologist. My English is better, and I'm willing to improve it. My tone is stable and up!

So many things are improved!!! I reached a very stable certainty about who I am and what are my goals. I operate at a very different condition, more CAUSE and I'm used to it now!

Thank you very much for this amazing standard auditing. Ron is very proud of your dedication of helping other and your application of KSW.

"I just finished a little repair thing and it's pretty cool. It really helped me put things in perspective again, especially regarding relationships. We all assume beingness in life, that's what makes us sure of ourselves and where we are going and what the hell we are doing! LOL.

I recently had this break-up and I was devastated and in really bad shape. But then I realized that what really happened was I lost my beingness! I attached who I was and my decisions on this guy to the point where I wasn't sure

what to do or what to "BE" without him. So obviously that was a huge Reality break.

Now, all I have to do to get back on the horse is decide who I want to "BE" again, what I have to do, and then I will have whatever I want. That's how BE-DO-HAVE works.

Also, I had some pretty cool past-life recalls come up. It's interesting what you can get when you really look. All-in-all, it's been a great learning experience and I look forward to continuing this interesting journey of becoming more me!

'Til next time, stay classy!

Grade 0

I am no longer keyed in as much. In the rare cases I am keyed in I get out off it really fast!!!

I'm now able to talk about everything or can hold it back and I have become a much better listener. Friends approach me and want to talk to me so I can lend them an ear.

My biggest win was while auditing my daughter – with the result, that after an objective process her head ache was gone!!!!!

And I started again to give assists. In my sessions I realize more and more bank is going away and I, as a being, becoming more and more cause. While getting processed on this grade I was so happy and keyed out. This feeling was so wonderful. The higher one is on the bridge the faster the charge is found.

This is why one keys out much faster than before I'm so happy to have chosen this path as I realize that I have changed myself in a positive way. I will continue now with grade 1.

I'm looking forward to this year. I have postulated to become CLEAR in 2104!!!!Thanks to my friend and auditor, she's a great auditor with so much ARC. Without her help I wouldn't be where I am now!!!!!!

Grade I

I completed Grade I the day before yesterday. You will get my wins later, as I enjoy them to the full. I'm right now on Grade II and feel so balanced. On this Grade there is little charge, as I know that ALL has something to do with me (my own postulates). I'm no longer angry with anyone who did something to me earlier. I think, all beings who have this knowledge can understand me. I love you all !!!!"

OT I

This was a Fantastic welcome to the OT Levels. I find it amazing how my viewpoint has changed on the Solo Courses and My OT Preps. These actions really set me up to thoroughly enjoy OT I.

Especially the I depth study of the fundamental books. (0-8, 8-8008, Dianetics, Self Analysis etc.). With these and OT I, I can now see, in action both, the Theta and Physical universes as they play out before me. This was loss of fun and enlightening!

Today I have completed my OT I, it was quite an exciting thing for me to be so much in communication with the theta universe. I knew that beforehand in theory, but when you gain the true reality on it – this is already another level, whether you have the data or whether you apply them. In any case, the theta universe really exists and this is where a good deal of action is going on.

I would like to thank all beings that helped me to move up the bridge and of course, as always, LRH. He succeeded in creating a Tech which always works and produces wins, which implies a true increase of consciousness. Over and over again, it is unbelievable what he had achieved and I cannot repeat enough how much I owe him. It is just through his help that I become more and more the being I really am. It is like the change from the caterpillar to the butterfly.

OT III Completion

Note: First paragraph withheld as confidential at Pre-OT's request.

What a relief! I can see one really is at risk being Clear and not thru these levels. Very glad to be on the other side!

Quote from L. Ron Hubbard

THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.

The Data Series

A series of Policy Letters written by L. Ron Hubbard and compiled by

The Association of Professional Independent Scientologists
Preserve, Protect & Promote

The Association of Professional Independent Scientologists is a non-profit association dedicated to the promotion and practice of the original philosophy of Lafayette Ron Hubbard.

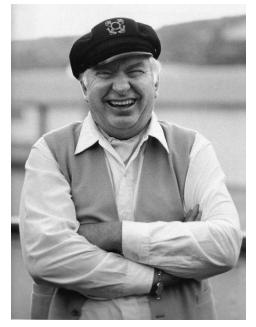


The Data Series of Policy Letters were written by L. Ron Hubbard as part of assisting people to think, understand and process data. These 24 Policy Letters explain how investigative procedures work when used correctly and help one to establish what is actually happening as distinct to what 'looks' like is happening.

They help to establish what the ideal scene is for any bsiness, group or even individual and how to compare that to the existing scene and how to bring that scene closer to the ideal.

The Data Series of issues have been compiled into this one booklet and are freely available as a download from https://independent-scientologists-association.net/Data-Series.shtml

Get your copy today and enhance your thinking and ability to understand what is happening around you!



Are you a friend of yours?

Extract from Self Analysis by L. Ron Hubbard.

Probably the most neglected friend you have is you. And yet every man, before he can be a true friend to the world must first become a friend to himself.

In this society, where aberration flourishes in the crowded cities and marts of business, few are the men who have not been subjected, on every hand, to a campaign to convince them that they are much less than they think they are.

You would fight anyone who said of your friends what is implied about you. It is time you fought for the best friend you will ever have—yourself.

The first move in striking up this friendship is to make an

acquaintance with what you are and what you might become. "Know thyself!" said the ancient Greek. Until recently it was not possible to make a very wide acquaintance. Little was known about human behavior as a science. But atomic physics, in revealing new knowledge to man, has also revealed the general characteristics of the energy of life and by that a great deal can be known which was not before suspected. You do not need to know atomic physics to know yourself, but you need to know something of the apparent goal of life in general and your own goals in particular.

In a later chapter there are some questions you can answer which will give you a better insight into your capabilities as they are and what they can become—and do not be deceived, for they can become a great deal more than you ever before suspected.

Just now let's talk about the general goal of all life. Knowing that, we can know something about the basic laws which motivate your own urges and behavior.

All problems are basically simple—once you know the fundamental answer. And this is no exception in life. For thousands of years men strove to discover the underlying drives of existence. And in an enlightened age, when exploration of the universes had already yielded enough secrets to give us A-bombs, it became possible to explore for and find the fundamental law of life. What would you do if you had this fundamental law? How easily then would you understand all the puzzles, riddles and complexities of personality and behavior. You could understand conjurers and bank presidents, colonels, and coolies, kings, cats and coal heavers. And more important, you could easily predict what they would do in any given circumstance and you would know what to expect from anyone without any guesswork—indeed with a security diabolical in its accuracy.

"In the Beginning was the Word", but what was the Word? What fundamental principle did it outline? What understanding would one have *if* he knew it?

An ancient Persian king once made a great effort to know this Word. He tried to discover it by having his sages boil down all the knowledge of the world. At his orders, every book written which could be obtained was collected together in an enormous library. Books were brought to that ancient city by the caravan load. And the wise men of the time worked for years condens-

ing every piece of knowledge which was known into a single volume.

But the king wanted a better statement of the fundamental Word. And he made his sages reduce that volume to a single page. And he made them reduce it again to a sentence. And then, after many more years of study, his philosophers finally obtained that single Word, the formula which would solve all riddles. And the city died in war and the Word was lost.

But what was it? Certainly its value, since it would make an understanding of Man possible, exceeded the riches of Persia. Two thousand years later, out of the studies of atomic and molecular phenomena, we can again postulate what that Word was. And use it. Use it to know ourselves. And to predict the actions *of* other men.

The dynamic principle of existence is: SURVIVAL!

At first glance that may seem too basic. It may seem too simple. But when we examine this Word, we find some things about it which make it possible for us to do tricks with it. And to know things which were never known before.

Knowledge could be represented by a pyramid. At the top we would have simple fact but a fact so widely embracing the universe that many facts could be known from it. From this point we could conceive descending down into greater and greater numbers of facts, represented by the broadening of the pyramid.

At any point we examine this pyramid we would find that as one descended he would find facts of wider and less related meanings. As one went up he would find greater and greater simplicities. Science is the process of starting low on the pyramid, much like the Persian king, and rising up in an effort to discover more basic facts which explain later facts. Philosophy could be said to be the operation of taking very basic facts and then leading them into explanations of greater and greater numbers of facts.

At the point of our pyramid, we have SURVIVAL!

It is as though, at some remarkably distant time, the Supreme Being gave forth a command to all life: "Survive!". It was not said how to survive nor yet how long. All that was said was "Survive!" The reverse of Survive is "Succumb". And that is the penalty for not engaging in survival activities.

But what of such things as morals, ideals, love? Don't these things go above "mere survival"? Unfortunately or fortunately, they do not.

When one thinks of survival, one is apt to make the error of thinking in terms of "barest necessity". That is not survival. For it has no margin for loss.

The engineer when he constructs a bridge, uses something called a "factor of safety". If a bridge is to hold ten tons, he builds it to hold fifty tons. He makes that bridge five times as strong. Then he has a margin for deterioration of materials, overloading, sudden and unforeseen stress of elements, and any accident which may occur.

In life, the only real guarantee of survival is *abundance*. A farmer who calculates to need twelve bushels of grain for his food for a year and plants twelve bushels has cut back his chances of survival very markedly. The fact is, he will not survive, unless some neighbor has been more prudent. For the grasshoppers will take part of the wheat. And the drought will take some. And the hail will take some. And the tax gatherer will take some. And what will he do for seed wheat if he intends to use all he plants for food?

No, the farmer who knows he has to eat twelve bushels of wheat in the coming year had better

plant a hundred. Then the grasshoppers and internal revenue people can chew away as they will. The farmer will still be able to harvest enough for his own food—except of course in a Socialism where nobody survives, at least for very long!

An individual survives or succumbs in ratio to his ability to acquire and hold the wherewithal of survival. The security of a good job, for instance, means some guarantee of survival —other threats to existence not becoming too overpowering. The man who makes

twenty thousand a year can afford better clothing against the weather, a sounder and better home, medical care for himself and his family, good transportation and, what is important, the respect of his fellows. All these things are survival.

Of course the man who makes twenty thousand a year can have such a worrisome job, can excite so much envy from his fellows and can be so harrassed that he loses something of his survival potential. But even a subversive will change his political coat if you offer him twenty thousand a year.

Take the man who makes ten dollars a week. He wears clothes which protect him very poorly. Thus he can easily become ill. He lives in a place which but ill defends him from the weather. He is haggard with concern. For his level of survival is so low that he has no margin, no abundance. He cannot bank anything against the day he becomes ill. And he cannot pay a doctor. And he can take no vacations. Even in a collective state his lot would be such, his regimentation so thorough that he could do little to protect his own survival.

Youth has a survival abundance over old age. For youth still has endurance. And the dreams of youth—good survival stuff, dreams—are not yet broken by failures. Youth has, in addition, a long expectancy, and that is important, for survival includes length of time to live.

As for ideals, as for honesty, as for one's love of one's fellow man, one cannot find good survival for one or for many where these things are absent. The criminal does not survive well. The average criminal spends the majority of his adult years caged like some wild beast and guarded from escape by the guns of good marksmen. A man who is known to be honest is awarded survival—good jobs, good friends. And the man who has his ideals, no matter how thoroughly the minions of the devil may wheedle him to desert them, survives well only so long as he is true to those ideals. Have you ever heard about a doctor who, for the sake of gain, begins to secretly attend criminals or peddle dope? That doctor does not survive long after his ideals are laid aside.

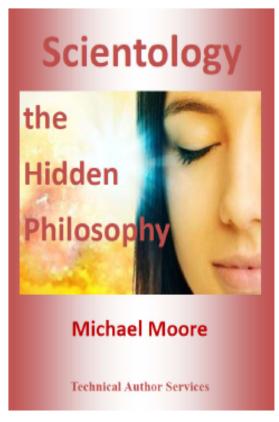
In short, the most esoteric concepts fall within this understanding of Survival. One survives so long as he is true to himself, his family, his friends, the laws of the Universe.

When he fails in any respect, his survival is cut down.

The end of Survival, however, is no sharp thing. Survival is not a matter of being alive this moment and dead the next. Survival is actually a graduated scale.

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"The human mind is capable of resolving the problem of the human mind." - L.R.H.



The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

-SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology?
Lafayette Ron Hubbard
The Philosophy of Dianetics and Scientology
Scientology: the Hidden Philosophy
Basic Principles of Scientology
Dynamics
Know to Mystery Scale
Awareness Levels

Mary Sue Hubbard Dianetics Scientology Using the Basics ARC Triangle Tone Scale And much more

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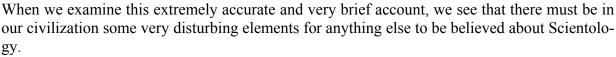


Comprehensive up to date news and information on diamonds

THE TRUE STORY OF SCIENTOLOGY

The true story of Scientology is simple, concise and direct. It is quickly told:

- 1. A philosopher develops a philosophy about life and death;
- 2. People find it interesting;
- 3. People find it works;
- 4. People pass it along to others;
- 5. It grows.



These disturbing elements are the Merchants of Chaos. They deal in confusion and upset. Their daily bread is made by creating chaos. If chaos were to lessen, so would their incomes.

The politician, the reporter, the psychiatrist with his electric shock machine, the drug manufacturer, the militarist and arms manufacturer, the police and the undertaker, to name the leaders of the list, fatten only upon "the dangerous environment". Even individuals and family members can be Merchants of Chaos.

It is to their interest to make the environment seem as threatening as possible, for only then can they profit. Their incomes, force, and power rise in direct ratio to the amount of threat they can inject into the surroundings of the people. With that threat they can extort revenue, appropriations, heightened circulation's and recompense without question. These are the Merchants of Chaos. If they did not generate it and buy and sell it, they would, they suppose, be poor.

For instance, we speak loosely of "good press". Is there any such thing today? Look over a newspaper. Is there anything *good* on the front page? Rather, there is murder and sudden death, disagreement and catastrophe. And even that, bad as it is, is sensationalized to make it seem worse.

This is the cold blooded manufacture of "a dangerous environment". People do not need this news; and if they did, they need the facts, not the upset. But if you hit a person hard enough, he can be made to give up money. That's the basic formula of extortion. That's the way papers are sold. The impact makes them stick.

A paper has to have chaos and confusion. A "news story" has to have "conflict", they say. So there is no good press. There is only bad press about everything. To yearn for "good press" is foolhardy in a society where the Merchants of Chaos reign.

Look what has to be done to the true story of Scientology in order to "make it a news story" by modern press standards. Conflict must be injected where there is none. Therefore, the press has to dream up upset and conflict.

Let us take the first line. How does one make conflict out of it? No. 1, A philosopher develops a philosophy about life and death.

The Chaos Merchant has to inject one of several possible conflicts here: He is not a doctor of philosophy, they have to assert. They are never quite bold enough to say it is not a philosophy. But they can and do go on endlessly, as their purpose compels them, in an effort to invalidate



the identity of the person developing it.

In actual fact, the developer of the philosophy was very well grounded in academic subjects and the humanities, probably better grounded in formal philosophy alone than teachers of philosophy in universities.

The one man effort is incredible in terms of study and research hours and is a record never approached in living memory, but this would not be considered newsworthy. To write the simple fact that a philosopher had developed a philosophy is not newspaper-type news and it would not disturb the environment. Hence, the elaborate news fictions about No. 1 above.

Then take the second part of the true story. *People find it interesting*. It would be very odd if they didn't, as everyone asks these questions of himself and looks for the answers to his own beingness; and the basic truth of the answers is observable in the conclusions of Scientology.

However, to make this "news" it has to be made disturbing. People are painted as kidnapped or hypnotized and dragged as unwilling victims up to read the books or listen.

The Chaos Merchant leaves No. 3 v cry thoroughly alone. It is dangerous ground for him. *People find it works*. No hint of workability would ever be attached to Scientology by the press, although there is no doubt in the press mind that it does work.

That's why it's dangerous. It calms the environment. So any time spent trying to convince press that Scientology works is time spent upsetting a reporter.

On No. 4, *People pass it along to others*, the press feels betrayed. "Nobody should believe anything they don't read in the papers. How dare word of mouth exist?" So, to try to stop people from listening, the Chaos Merchant has to use words like "cult". That's "a closed group", whereas Scientology is the most open group on Earth to anyone. And they have to attack organizations and their people to try to keep people out of Scientology.

Now, as for No. 5, It grows, we have the true objection.

As truth goes forward, lies die. The slaughter of lies is an act that takes bread from the mouth of a Chaos Merchant. Unless he can lie with wild abandon about "how bad it all is", he thinks he will starve

The world simply must *not* be a better place, according to the Chaos Merchant. If people were less disturbed, less beaten down by their environment, there would be no new appropriations for police and armies and big rockets, and there'd be not even pennies for a screaming, sensational press.

So long as politicians move upward on scandal, police get more pay for more crime, medicos get fatter on more sickness, there will be Merchants of Chaos. They're paid for it. And their threat is the simple story of Scientology. For that is the true story. And behind its progress, there is a calmer environment in which a man can live and feel better. If you don't believe it, just stop reading newspapers for two weeks, and see if you feel better. Suppose you had all such disturbances handled?

The pity of it is, of course, that even the Merchant of Chaos needs us, not to get fatter, but just to live himself as a being.

So the true story of Scientology is a simple story.

And too true to be turned aside.

Extract from, "New Slant on Life" by L. Ron Hubbard.



MAN'S SEARCH FOR HIS SOUL

For countless ages past, Man has been engaged upon a search.

All thinkers in all ages have contributed their opinion and considerations to it. No scientist, no philosopher, no leader has failed to comment upon it. Billions of men have died for one opinion or another on the subject of this search and no civilization, mighty or poor, in ancient or in modern times has endured without battle on its account.

The human soul, to the civilized and barbaric alike, has been an end-

less source of interest, attention, hate or adoration.

To say that I have found the answer to all riddles of the soul would be inaccurate and presumptuous. To discount what I have come to know and to fail to make that known after observing its benefits would be a sin of omission against Man.

After thirty-one years of inquiry and thought and after fifteen years of public activity wherein I observed the material at work and its results, I can announce that, in the knowledge I have developed, there must lie the answer to that riddle, to that enigma, to that problem—the human soul—for under my hands and others, I have seen the best in Man rehabilitated.

From the time since I first made a theta clear, I have been, with some reluctance, out beyond any realm of the scientific known; and now that I have myself cleared half a hundred, and auditors I have trained, many times that, I must face the fact that we have reached that merger point where science and religion meet, and we must now cease to pretend to deal with material goals alone.

We cannot deal in the realm of the human soul and ignore the fact. Man has too long pursued this search for its happy culmination here to be muffled by vague and scientific terms. Religion, not science, has carried this search, this war, through the millennia. Science has all but swallowed Man with an ideology which denies the soul, a symptom of the failure of science in that search.

One cannot now play traitor to the Men of God who sought, these ages past, to bring Man from the darkness.

We, in Scientology, belong in the ranks of the seekers after truth, not in the rearguard of the makers of the atom bomb.

However, science, too, has had its role in these endeavors; and nuclear physics,

whatever crime it does against Man, may yet be redeemed by having been of aid in finding for Man the soul of which science had all but deprived him.

No Auditor can easily close his eyes to the results he achieves today or fail to see them as superior to the materialistic technologies he earlier used. For we can know, with all else we know, that the human soul, freed, is the only effective therapeutic agent we have. But our goals, no matter our miracles with bodies today, exceed physical health and better men.

Scientology is the science of knowing how to know. It has taught us that a man IS his own immortal soul. And it gives us little choice, but to announce to a world, no matter how it receives it, that nuclear physics and religion have joined hands and that we in Scientology perform those miracles for which Man, through all his search, has hoped.

The individual may hate God or despise priests. He cannot ignore, however, the evidence that e is his own soul. Thus we have resolved our riddle and found the answer simple.



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedow amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game —SCIENTOLOGY: A NEW SLANT ON LIFE

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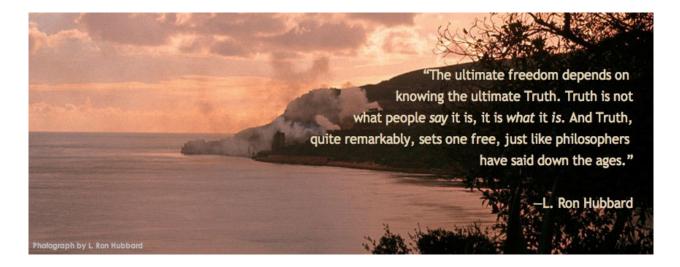
FREE THETA

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCHNTOLOGY 88008





A TRIBUTE TO MARY SUE HUBBARD

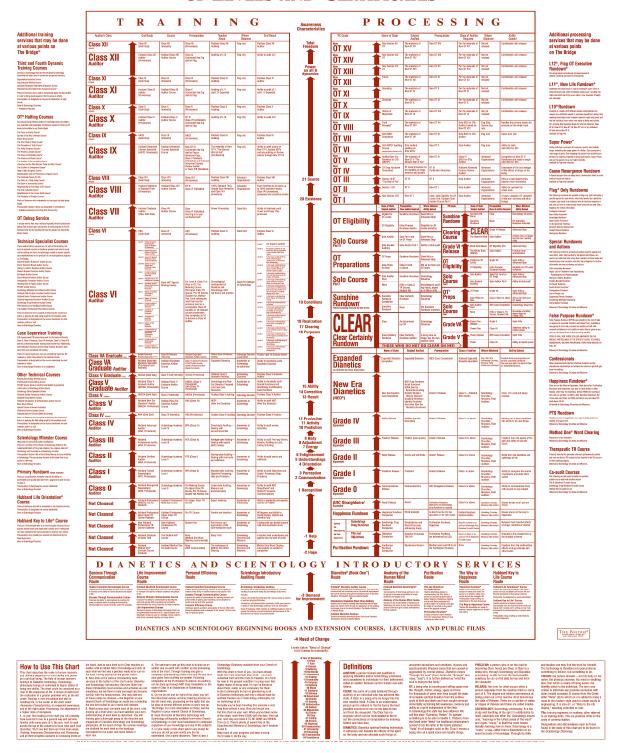
Wife of L. Ron Hubbard

Remembered with Respect and Honor



THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES



A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you knowWhat you know is what you knowAnd to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

Of course we can talk about honor, truth, all these things, The esoteric terms.

But I think they'd all be covered very well

If what we really observed was what we observed,

That we took care to observe what we were observing,

That we always observed to observe.

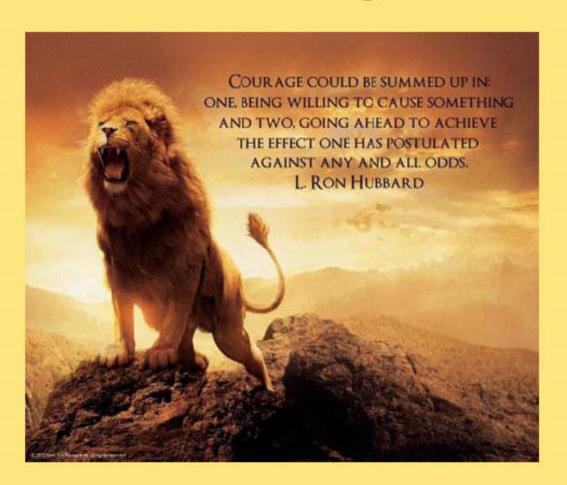
And not necessarily maintaining a sceptical attitude, A critical attitude or an open mind. But certainly maintaining sufficient personal integrity And sufficient personal belief and confidence in self And courage that we can observe what we observe And say what we have observed.

Nothing in Dianetics and Scientology is true for you Unless you have observed it And it is true according to your observation.

That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



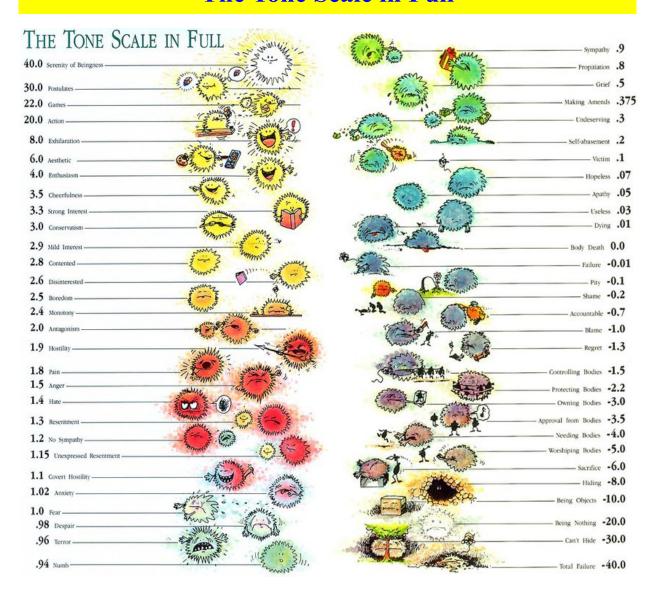
A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today! http://independent-scientologists-association.net/start-a-group.shtml

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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http://independent-scientologistsassociation.net

Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

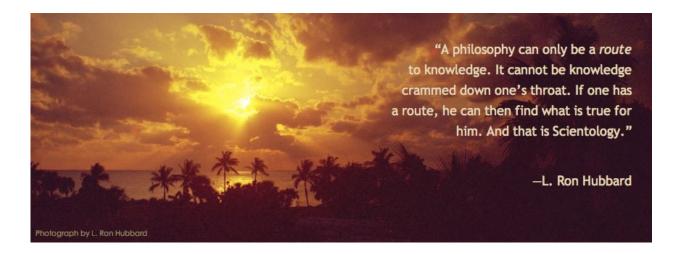
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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